

## What is an EHCP ?

An Education, Health and Care plan (EHC plan or an EHCP) is a legal document which describes a child or young person's special educational needs, the support they need, and the outcomes they would like to achieve.

### EHCP Myths and Legends: What an EHCP IS NOT...

It does not provide your child with a 1:1 adult all the time. The EHCP is designed to support your child to make progress independently.

If additional resources are not required, then an EHC plan should not be necessary and therefore the needs should be met under delegated funding.

An EHCP is not a tool to facilitate frequent changes of school.

*EHC needs assessment timeline*

An EHC needs assessment is requested:

**By 6 weeks:**

The LA must tell you if they will or will not be assessing your child.

**By 16 weeks:**

The LA must finish the assessment and notify you of their decision.

**Between 16-20 weeks:**

The LA will send you a draft EHC Plan. You have 15 days to comment and suggest a specific school.

**By 20 weeks:**

The LA must issue your child's final EHC Plan.

**Every 12 months:**

The LA must review your child's EHC Plan.

### How can I help my child?

Limit screen time

Encourage your child to read

Ensure good sleep patterns at home

Support them to build resilience to challenges, praise effort and persistence

Attend meetings – parents evening, phonics, transitions and SEN – We achieve the best results if we work together!

Offer a balanced and varied diet

Let the school know about any worries you have or changes in personal circumstances