

Supporting children's wellbeing

- Personal Social Health Education (PSHE) lessons taught by teachers. These lessons include the Sex and Relationships Education in Schools (SRE) curriculum as well as other topics such as exploring relationships, celebrating difference, keeping ourselves safe and learning about rights and respect.
- Our ELSA, Mrs Caroline Moakes, is specially trained to deliver programmes that support our children to develop their emotional needs; including support to maintain friendships and positive wellbeing.
- Specialist provisions such as social stories, self-regulation toolkits and individual reward charts
- Interventions to promote well-being such as transition groups and friendship skills groups
- Supported lunchtime activities
- Support from external agencies including Barnardos and the Mental Health Support Team
- Focused activities during Anti-bullying Week and Children's Mental Health Week
- Classroom well-being strategies such as worry boxes
- Recognising and rewarding positive behaviours through a variety of ways including communications to parents, stickers, stamps and visits to the headteacher to share success